



Important Meal Program UPDATE

DELIVERY SCHEDULE CHANGES COMING

WHEN: BEGINNING Monday, September 11, 2023

THE CHANGE: Monday through Friday Meal Delivery (5 days per week)

NEW Delivery Window: 11:00am-1:00pm

Some of you may know we have been on a special COVID-19 operational schedule for nearly 3 years. During this time, we delivered to you 2 days of meals, 3 times per week (Monday-Wednesday-Friday). It is finally time for us to return to full-time operations.

NEW Details of the Program:

- Clients can receive 1 Hot Meal and 1 Cold Brown Bag every day, Monday through Friday. Total 10 meals per week. All meals will still be prepared at Michigan Medicine.
- Clients can select less delivery days. Only 1 day of meals can be delivered each day.
- Hot meals are standard diabetic friendly entrees with a chilled side tray of food items and a carton of 2% milk. Clients may substitute "Option 2/Vegetarian" hot meals by contacting us.
- Cold brown bags contain primarily meat sandwiches, 2% milk, fresh fruit & veggies.
- Delivery is made between 11:00am-1:00pm.
- **Meals will never be left unattended at delivery.** You or a trusted person must be there to accept the meals.
- A new menu cycle will be starting at the same time. Copies will be sent out in the next 3 weeks.
- 1-2 frozen entrée meals can be elected for delivery on Fridays, for weekend meals.
- Meal cancellations require minimum 48 hours (2 days) advance notice by calling, texting or emailing us.
- Termination from the program will result for more than 3 "no-call/no show at time of delivery" in one month.

What we ask of you:

- Think about which delivery days you would like to select. We will be following up to take your selections in the next 3 weeks.
- Call us with questions at **734-487-9669 Extension "0" for Keegen**