

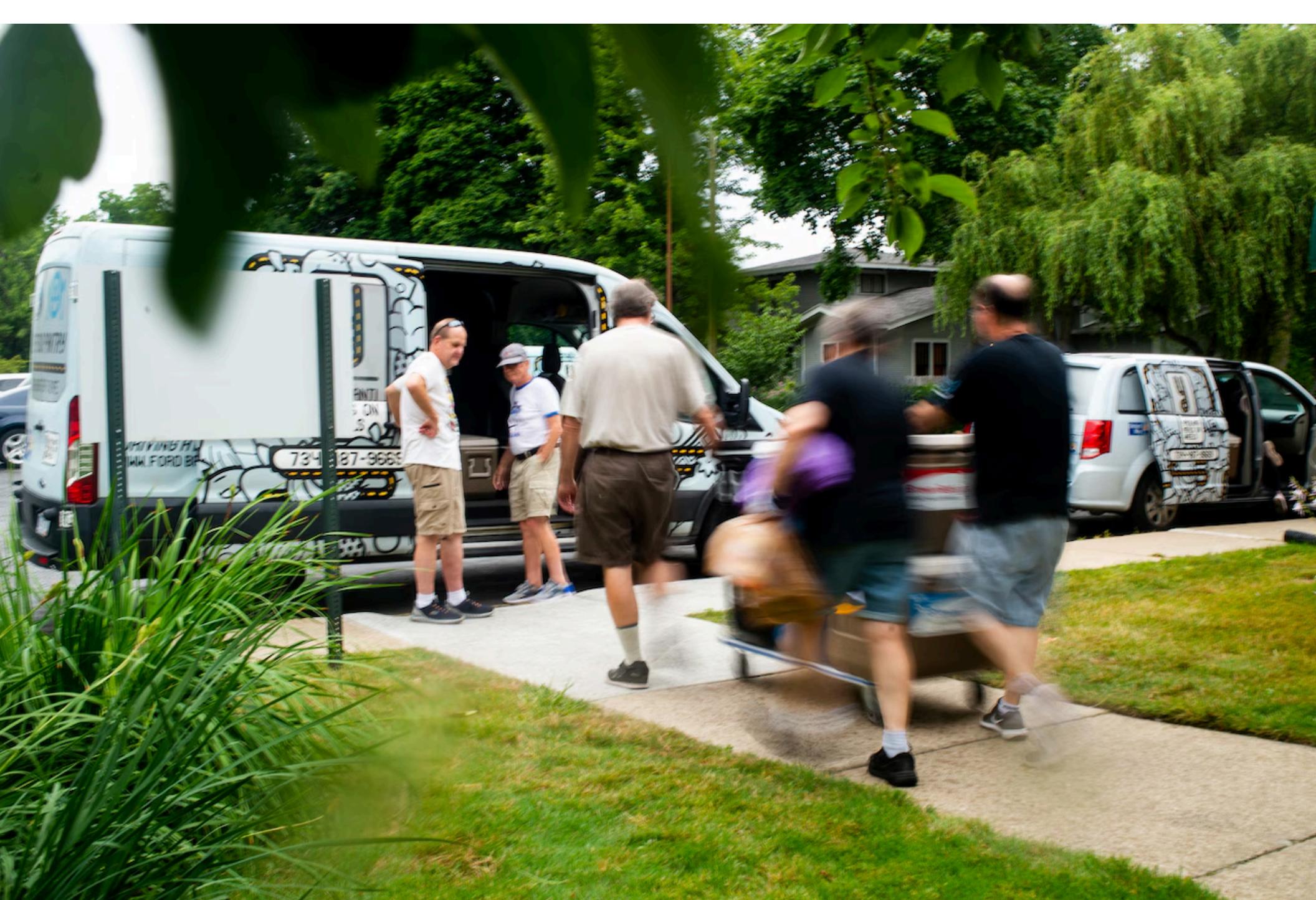
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Federal cuts threaten free meal delivery program for older Washtenaw County adults

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Volunteers and employees, in this file photo, pack meals from Michigan Medicine at Meals on Wheels' headquarters inside First Baptist Church of Ypsilanti, 1110 W. Cross St. in Ypsilanti. Federal cuts threaten the program providing daily meals, wellness checks and social connection for homebound older adults in Washtenaw County, Ypsilanti Meals on Wheels says. Jacob Hamilton/MLive.com



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By [Sophia Kalakailo | skalakailo@mlive.com](#)

YPSILANTI, MI – Federal cuts threaten a program providing daily meals, wellness checks and social connection for homebound older adults in Washtenaw County, a local organization says.

Ypsilanti Meals on Wheels doesn't have a clear path forward following the restructuring of the Department of Health and Human Services, said President and CEO Barbara Niess-May, and it's putting seniors at risk of hunger and isolation.

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The organization receives half of its food funding – about \$250,000 – from the Administration for Community Living, or ACL, which was dismantled. Staff members were integrated into other HHS agencies, according to an [announcement](#) from the department last week. It funded programs that run senior centers and distributes 216 million meals a year to older and disabled people, Niess-May said.

Former head of the ACL Alison Barkoff said 40% of staff from the agency lost their jobs, [NPR reported](#). Barkoff said she learned this by talking to multiple members of her former staff.

It's unclear exactly how the federal cuts will impact the program, Niess-May said. The organization hasn't received any direct communication from HHS. "We're completely in the dark," Niess-May said.

Ypsilanti Meals on Wheels serves 450 people who are overwhelmingly low-income in Ypsilanti, Ypsilanti Township, Superior Township, and Pittsfield Township, according to Niess-May. They have a median monthly income of \$1,300 and more than 30% earn \$1,000 or less per month.

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Many of the older adults they serve also live alone, she said. This puts them at heightened risks of social isolation, Niess-May said, which has been linked to serious health conditions, including heart disease and stroke.

HHS Secretary Robert F. Kennedy has said bureaucracies like HHS become wasteful and inefficient over time. The restructuring will make the agency more responsive and efficient, while ensuring essential health services remain intact, HHS officials have said.

The need for home-delivered meal programs is rising, Niess-May said. There are 1,700 eligible people in total that Ypsilanti Meals on Wheels could be serving, based on the organization's analysis of census data examining age, homebound status and income level. Its service area starts south of Whitmore Lake and spans just north of Milan.

"We're going to continue doing all that we can with what we have, it just won't be robust and continue to meet the very real needs of those we serve or could be serving."

Niess-May also noted that food banks across Michigan are facing cuts. The U.S. Department of Agriculture [canceled \\$4.3 million worth of emergency food](#) — roughly 2 million meals — for low-income households.

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The people Ypsilanti Meals on Wheels serves often rely on food pantries to make ends meet, she said. Food pantries and other types of aid also keep them out of nursing homes because they can age in place, she said.

"What it means is that seniors are going to be even more food insecure," Niess-May said.

Washtenaw County's millage for senior programs and services passed by voters last November has expanded local services for older adults, she said, but it's not enough to cover growing demand.

"We can't let our seniors down," Niess-May said.

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